

# Soups, Salads, Deli Specials & Plates

Complimentary Syrian pita or slice of bread available on the side by request.

**Soups**  
Soup specials rotate daily, call us or follow us online.

**CHICKEN MATZO BALL**  
Hot \$5.99/3.59 bowl/cup Cold: \$11/qt or \$5.50/pint  
With or without egg noodles. Crackers or bread on the side available.

**VEGETARIAN SOUP**  
Hot \$4.99/3.59 bowl/cup Cold/Frozen: \$10/qt or \$5/pint  
**MEAT STEWS** \$7.99 bowl **VEG CHILI** \$5.99/3.59 bowl/cup

As with all our dishes, our soups are made completely from scratch. We do not use any bases, MSG, or excess salt, sugar, or fat. Feel free to add salt! They are generally all vegetarian, dairy-free, nut-free, gluten-free... but always let us know if you have any allergies.

We always have Chicken Soup in addition to a variety of vegetarian soups daily. In the Summer we do our traditional cold borscht and in the colder seasons we make stews, chili, and our hot borscht.

## SALADS

All made with fresh Romaine Lettuce to order.

**HOUSE** \$5.99  
Tomato, cucumber, shredded carrot, onion & lemon dressing

**CAESAR** \$5.99  
Parmesan cheese, homemade croutons, Caesar dressing

**GREEK** \$6.99  
Tomato, cucumber, onion, olives, feta cheese & lemon dressing

## Add Protein

Grilled Chicken Breast, Chicken Salad, or Tuna Salad \$3.50

Egg Salad, Hummus, or Marinated Tofu \$2

Baked Salmon \$5

## DELI ITEMS AND PLATES

Our deli case is filled with specialties. Feel free to ask for samples and make your own plate for lunch or dinner.

**BEEF STUFFED CABBAGE**  
\$8.99 for 2, \$5 for 1

**POTATO LATKES (2)** \$3.50  
Served with sour cream or homemade apple sauce.

**KNISHES** \$2.50  
Potato, Spinach & Feta, Cabbage or Meat

**NOODLE KUGEL**  
\$5 - \$3 half

**CREATE A HOT LUNCH OR MEZE SALAD PLATE**

5.99 for Two Sides (1 Protein, 1 Veg)  
Add veg sides for \$3

Protein sides \$4

**ADD MAINS:**

Vegetarian Special, Turkey Meatloaf, Grilled Chicken, Baked Fish, or other special - \$5 / serving  
Brisket - \$7 / serving

## Commonly Available Sides

**HOT**  
Roasted Sweet Potatoes  
Roasted Vegetables  
Kasha

**PROTEIN**  
Tuna Salad Baked Tofu  
Chicken Salad Egg Salad

**COLD**  
Eggplant Beet Salad  
Caviar Potato Salad  
Israeli Salad Cole Slaw  
Hummus  
Quinoa  
Tabbouleh

19 Pelham Street, Newton Centre, MA 617-244-5345 www.innaskitchen.com



## HOURS

Monday Closed  
Tuesday 8 am ~ 4pm  
Wednesday 8 am ~ 4pm  
Thursday 8 am ~ 4pm  
Friday 8 am ~ 4pm  
Saturday 9 am ~ 3pm  
Sunday 9 am ~ 3pm

BREAKFAST LUNCH DELI CATERING

## WE MAKE EVERYTHING FROM SCRATCH!

Our mission is to build a sustainable business focused on using only ethical and environmentally friendly products, quality ingredients, organic and local when possible, and also keeping our prices affordably fair. In addition to continuing the Jewish culinary tradition from Eastern Europe, our cultural heritage, we also explore foods from Africa, The Middle-East, Central Europe, and America.

- ❖ Locally-grown produce and ingredients whenever possible.
- ❖ Seasonal produce from local farms, we love the farmer's market! Coffee from Equal Exchange, and more!
- Ⓞ Our kitchen is gluten-free and we have a separate area for gluten. Almost all of our dishes are gluten-free and dairy-free, falafel included!
- ❖ We are more than kosher-style! We use only Glatt Kosher meat and poultry. But, we are NOT Kosher supervised. You can read more about our kashrut related practices on our website or ask us.
- ❖ Our meat is grassfed, free of antibiotics and hormones, and kosher.

SUBSCRIBE TO OUR NEWSLETTER AT [www.InnasKitchen.com](http://www.InnasKitchen.com)

FOLLOW US: [Facebook.com/InnasKitchen](https://www.facebook.com/InnasKitchen) OR [Twitter @InnasKitchen](https://twitter.com/InnasKitchen)

Our menu is a constant work in progress.  
Items, prices, and hours may change.



No Antibiotics  
No Hormones

No MSG  
No HFCS



Winner: Best Lunch and Caterer in Newton  
2013 Newton Tab Reader's Choice

Before placing your order, please inform us if a person in your party has a food allergy.

# BREAKFAST

## EGGS

- Alex's Breakfast 5.99  
Two eggs any style, pastrami hash, one slice toast.
- Inna's Omelet Pita Wrap 4.99  
Two eggs, cheese, & tomato, wrapped in pita and toasted.  
See choice of fillings/add-ons to create your own.
- Shakshuka 7.99  
Two eggs poached in spicy veggie sauce, with Israeli pita on side.
- L.E.O. 7.99  
Lox, 2 Eggs scrambled & Onion served on choice of toasted bread or bagel
- Eggs Over Latkes 6.99/3 OR 5.99/2
- Eggs Any Style 1.99/1 2.99/2 3.99/3 ...
- 3 Egg Omelets with Toast
  - Plain: Cheese & Tomato 6.99
  - Greek: Spinach, Tomato & Feta 7.99
  - Roasted Veggie & Cheese 7.99
  - Shakshuka & Avocado 8.49
  - Smoked Salmon, Tomato & Red Onion 10.99

**Cheese Choices:**  
Swiss,  
Cheddar  
Munster  
Feta

- Fillings/Add-ons**  
Tomato and/or Onion \$.75  
Avocado \$1  
Shakshuka \$1  
Spinach & Feta \$1.50  
Mushroom & Onion \$1.50  
Roasted Veggies \$1.50  
Beef Bacon \$2  
Roast Turkey \$3  
Smoked Salmon \$5

Add more eggs \$1/ea  
For Egg whites \$1

**Sides**  
Pastrami Hash \$4.50  
Homefries \$3  
Beef Bacon \$4

**ZEPPY'S NEW YORK STYLE Bagels**  
PLAIN, SESAME, OR EVERYTHING  
Smoked Salmon & Cream Cheese with tomato, onion & capers \$7.99  
Toasted w/ Cream Cheese \$2.50

**Toast**  
Sissel Rye, Marble, Pumpernickel, Whole wheat, \$.75/slice  
Challah Roll \$1

**Multigrain Pancakes**  
Served with cut fruit  
Plain \$7.99/3  
Banana 8.99/3  
Chocolate Chip 9.99/3  
Apple Cinnamon 9.99/3

**Challah French Toast**  
Served with cut fruit.  
Plain \$7.99/3  
Stuffed \$9.99/3 or 7.99/2  
choose: Apple-Cinnamon or Banana  
Cinnamon Swirl \$9.99/3 or 7.99/2  
Gluten-Free Challah French Toast \$9.99/2  
For dairy-free add \$1

**Cheese Blintzes**  
Served with sour cream and Strawberry Sauce \$7.99/3 or 5.99/2  
**Buckwheat Cheese Blintzes**  
\$9.99/3 or 7.99/2

**Oatmeal**  
Made to order with water or milk, cinnamon, raisins & brown sugar  
\$4.50/1g 3.50/sm



## Coffee

FAIR-TRADE, ORGANIC, & REALLY GOOD, FROM EQUAL EXCHANGE

- DRIP OR SINGLE BREW**  
Lg 16oz or Mug - \$2 / Sm 12oz \$1.70
- COLD BREWED ICED COFFEE**  
with Coffee ice cubes  
Lg 16oz - \$2.75 / Sm 12oz - \$2.25
- ARABIC COFFEE**  
with or without cardamon \$2.50
- HOT TEA \$1.50**

**Fresh Squeezed Orange Juice** \$4/12oz \$3/8oz

**BOTTLED BEVERAGES**  
DR. BROWNS, SAN PELLEGRINO, PERRIER \$1.50  
NANTUCKET NECTAR JUICES, SNAPPLE, DIET COKE \$2.25  
HARNEY & SONS ORGANIC ICED TEAS Very lightly sweetened \$2.25  
SODAS MADE WITH CANE SUGAR \$2.25...  
TOWER ROOT BEER & GINGER ALE FROM SOMERVILLE  
COCA-COLA & FANTA (FROM MEXICO)

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

# Falafel & Shawarma

Served with hummus, Israeli cucumber & tomato salad, pickles, pickled turnip, pickled red cabbage, romaine lettuce, tahini, and zhoug (our fresh green hot sauce).

- FALAFEL in Israeli Pita or Pita Wrap \$6.99
- FALAFEL SALAD PLATE White or Whole Wheat Israeli Pita on the Side \$7.99
- CHICKEN SHAWARMA or BEEF KOFTA in Israeli Pita OR Pita Wrap \$8.99
- CHICKEN SHAWARMA or BEEF KOFTA SALAD PLATE White or Whole Wheat Israeli Pita on the Side \$9.99
- FALAFEL WITH SHAWARMA COMBO PLATE \$9.99

Individual Falafel Balls 75¢

**SHABIH** EGG & EGGPLANT  
Roast eggplant, hard-boiled egg, hummus, lettuce, Israeli salad, tahini, and zhoug in Israeli Pita \$6.99

# DELI SANDWICHES

Served with a Kosher Dill Pickle and Potato Salad OR Cole Slaw OR Sub a Specialty Salad for 75¢ OR Rosemary Red Potato Fries \$2.25

*The Corned Beef & Pastrami Spiel!*  
We cure our own meat without nitrates, that's why it isn't red like the commercial stuff. We also only use grass-fed meat and trim off most of the fat so it's quite lean.

- CORNED BEEF - 10.99**  
Our house-cured corned beef with Spicy Mustard
- HOT PASTRAMI - 10.99**  
Our house-cured pastrami served steamed with Spicy Mustard
- SWEET & SOUR BRISKET 10.99**  
Slow cooked brisket on Challah Roll with Gravy
- RIB EYE ROAST BEEF 10.99**  
With lettuce, tomato, onion & horseradish sauce
- ROAST TURKEY BREAST 8.99**  
With lettuce, tomato, mayo & cranberry relish
- GRILLED CHICKEN BREAST 7.99**  
marinated in olive oil, lemon juice, & herbs.  
With lettuce, tomato & mayo
- TURKEY MEATLOAF 7.99**  
With lettuce, tomato, Russian Dressing, BBQ Sauce, and our cranberry relish
- VEGGIE PITA WRAP 7.99**  
and hummus, roasted vegetables, lettuce & tomato with Local Tofu or Cheese

**TUNA SALAD 7.99**  
with lettuce, tomato, & onion

**CHICKEN SALAD 8.49**  
with lettuce & tomato

**EGG SALAD 6.99**  
with lettuce, tomato, onion, & pickles

**CHOPPED LIVER SANDWICH 7.99**  
with onion and tomato

**JUST A SHMEER \$3**  
(If we haven't sold out for the day)

Side of **ROSEMARY RED POTATO FRIES \$3**

**HALF SANDWICH AND CUP SOUP OR SALAD 7.99**  
For Corned Beef, Pastrami, Brisket, or Roast Beef 9.99  
ANY HALF SANDWICH 1/2 PRICE + \$1.01

## Bread Choices

- Light Sissel Rye
- Marble Rye
- Pumpernickel
- Challah Roll
- Whole Wheat
- Gluten-Free Challah Roll or GF 'Rye' add \$1

## Dressings

- Russian Dressing,
- Horseradish Dressing,
- Mayonnaise, Mustard
- Cranberry Relish,
- Ketchup, Barbeque Sauce, and Zhoug our fresh hot sauce

## Add-ons

- Cheese: Swiss, Cheddar, Muenster or Feta - \$1
- Avocado \$1
- Hummus \$1
- Sauerkraut - \$1

Before placing your order, please inform us if a person in your party has a food allergy.